

## Picture Books and Reading Aloud.

The importance of reading aloud in your own voice.

Do you perhaps think that it's still too early to read picture books to newborns? Actually, babies listen as hard as they can to the words around them long before they can talk!

Reading picture books aloud and singing nursery rhymes while interacting with your baby is not only great fun for your baby, but the careful selection of words used in picture books and the beautiful yet succinct traditional Japanese used in nursery rhymes will develop their sense of language.

When babies are still under one year old, it's best to read them picture books that repeat words and have a fun rhythm. When you sing nursery rhymes, try using your fingers to nudge and tickle your baby's face and body.

Relaxing and having fun as parent and child will deepen your bond together while helping your child to grow mentally and



### Contact and dates

English interpreter  
with book start

will be held

on August 23,  
November 22,  
February 28, 2016

**PM.3:00~3:30**

\* If you want to participate, you must have  
the application

\* Please bring the Mother-Child Health  
Handbook (Boshi-Techo).

Inquiries in English

From Monday to Friday

8:30~17:00h

Hamamatsu City Hall

International Affairs Division

(Tel) 457-2359

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Let's start on a day you feel great!

**BOOK START**



Hamamatsu Municipal Library

## What is BOOKSTART?

BOOKSTART is an activity that aims to give babies and their guardians a fun experience reading picture books, and to hand over a picture book in the hope that this will lead to moments of quality time together.

As their first birthday approaches, give them the best start for the first step in their long journey of lifetime reading.



## How to Participate in BOOKSTART

For details, please enquire at the contact Hamamatsu Municipal Chuo (Central) Library.

- Eligible: babies from 8 to 12 months old (until the month of their birthday), and their guardians
- Activity contents: Reading aloud and singing nursery rhymes advice from library staff a present of one recommended picture book
- Items to bring: Mother-Child Health Handbook
- Time: Around 30 mins

## Requests (Cautionary Notices)

- You can participate at Hamamatsu Municipal Chuo (Central) Library.
- You can participate once while your child is in the eligible age range.
- Only citizens of Hamamatsu are eligible.
- There is need to book in advance.
- Please refrain from using your phone or taking photos.
- Please register before the event starts. You may not be able to enter if you arrive late. It is expected to be crowded, so arrive early.

### Information on the "Picture Book and Nursery Rhyme Club"

- A club held at Municipal Libraries to enjoy picture books and nursery rhymes. Please come along!
- Eligible: Under-threes and their guardians
- The day of week and time of day differ by library. Please enquire at your nearest library.